

# Spoon

GLASGOW'S TASTIEST  
SOCIAL ENTERPRISE



# CATERING

**ORDER NOW!**

TEL: 0141 552 2611

EMAIL: [BOOKINGS@UNITY-ENTERPRISE.COM](mailto:BOOKINGS@UNITY-ENTERPRISE.COM)

WEB: [WWW.UNITY-ENTERPRISE.COM](http://WWW.UNITY-ENTERPRISE.COM)



# Spoon

GLASGOW'S TASTIEST  
SOCIAL ENTERPRISE

## WHEN YOU SPEND AT THE SPOON, GOOD THINGS HAPPEN.....

You get a fresh, tasty and cost effective catering service with a smile!

You support us to offer work placements and training to those who might otherwise be excluded.

You help us deliver important support to people with learning disabilities, unpaid carers and those affected by homelessness, poverty and loneliness.

You support our Pay It Forward Scheme which provides free food, drinks and company to those who need it.

You feel great knowing that your custom is helping others.

Buy fresh, buy local, buy social,

Thank you for choosing The Spoon!  
Emma Soanes, Chief Executive



---

**BUY FRESH...BUY LOCAL...BUY SOCIAL**

# BREAKFAST OPTIONS

## BREAKFAST ROLLS

Single Roll £2.60 pp

Double Roll £3.10 pp

Back Bacon

Link or Square sausage

Potato Scone

Scrambled Egg

Vegetarian Sausage



## BREAKFAST POTS

Low Fat Yoghurt Pot £1.00 pp

Granola Pot with Greek Yoghurt & Seasonal Berries £2.00 pp

## BREAKFAST BAKERY

Croissant £1.50 pp

Danish Pastry £1.50 pp

Mini Danish Pastry / Croissant, 2 per portion £1.50 pp

Muffin £1.40 pp

## FRESH FRUIT

Fruit Platter (available for 6 or more) £1.80 pp

Individual Fruit Pot £1.80 pp

Seasonal Whole Fruit, 1 piece .50 pp

## FOOD ALLERGY NOTICE

Please make us aware of any dietary or allergy requirements. Gluten free options are marked (gf).

Food on this menu may contain these ingredients: milk, eggs, wheat, soybean, peanuts, tree nuts.

**Spoon**  
GLASGOW'S TASTIEST  
SOCIAL ENTERPRISE

ORDER NOW, TEL: 0141 552 2611

EMAIL: [BOOKINGS@UNITY-ENTERPRISE.COM](mailto:BOOKINGS@UNITY-ENTERPRISE.COM) - WEB: [WWW.UNITY-ENTERPRISE.COM](http://WWW.UNITY-ENTERPRISE.COM)



## LUNCH OPTIONS

### CLASSIC BUFFET SELECTION

£6.50 pp

(1 portion = 3 items from our finger food & 1 sandwich or wrap from our standard fillings)

### SOUP OF THE DAY

£2.50 pp

Choose from our fresh selection of soups. Vegetarian & gluten free options available. (1 portion = cup of soup)

### SALAD BOXES

£4.95 pp

(1 portion = 1 salad box)

Ham

Chicken

Tuna

Cheese & Coleslaw (v)

Egg Mayo (v)

### FINGER FOOD

Small Portion (3 items)

£4.50 pp

Large Portion (5 items)

£6.00 pp

Chicken Pakora

Vegetable Pakora (v)

Haggis Pakora

Onion Bhajjs (v)

Vegetable Spring Rolls (v)

Vegetable Samosa (v)

Vegetarian Mini Pizza (v)

Chicken Tikka Skewers

Mini Savoury Treats

Mini Sweet Treats (v)

Hot & Spicy Chicken Wings

Add Crisps

£0.50 pp

ORDER NOW, TEL: 0141 552 2611

EMAIL: [BOOKINGS@UNITY-ENTERPRISE.COM](mailto:BOOKINGS@UNITY-ENTERPRISE.COM) - WEB: [WWW.UNITY-ENTERPRISE.COM](http://WWW.UNITY-ENTERPRISE.COM)



**WE ALSO OFFER BESPOKE CATERING OPTIONS INC CANAPES AND HOT FOOD BUFFETS PLEASE CONTACT US FOR DETAILS.**

## **SANDWICH / WRAP PLATTERS**

**Standard Platter Fillings     £3.95 pp**

Tuna Mayonnaise with Cucumber

Tuna Crunch, Red Onion & Mixed Peppers

Honey Roast Ham & Cheddar Cheese

BLT Bacon, Iceberg Lettuce & Tomato

Roasted Vegetable & Red Pesto (v)

Free Range Egg & Watercress (v)

Fajita Vegetable (v)

Tomato & Cheddar Cheese (v)

Cheese & Caramelised Onion Chutney (v)

Cheddar Cheese Savoury (v)

Sweet Chilli Chicken

Chicken Mayonnaise

Add Crisps (£0.50)

## **PREMIUM SANDWICH / WRAP PLATTERS**

**Premium Platter Fillings     £4.95 pp**

Falafel, Hummus & Caramelised Onion Chutney (v)

Chicken Fajita

Roast Beef, Horseradish & Rocket

Prawn Marie Rose

BBQ Pulled Pork

Add Crisps (£0.50)

**BUY FRESH...BUY LOCAL...BUY SOCIAL**



**BUY FRESH...BUY LOCAL...BUY SOCIAL**

# BAKERY

## TRAY BAKES

£1.40

Cranberry & Yoghurt Granola Slice  
Tiffin  
Rocky Road Milk Chocolate  
Rocky Road White Chocolate  
Mars Crispy Cake  
Cherry Bakewell  
Peppermint Slice  
Millionaires  
Caramel Cabana  
Pink & White

## WHOLE CAKES

£15.00

Coffee & Walnut Cake  
Selected Cheesecake  
Carrot Cake  
Chocolate Fudge Cake  
Lemon Drizzle Cake  
Victoria Sponge

## OTHER TREATS

Fruit Scone £1.40  
Plain Scone £1.40  
Blueberry Muffin £1.40  
Nakd Cereal Bar £1.20  
Eat Natural Bar £1.20  
Crisps (Single Bag) £1.00

# REFRESHMENTS

## HOT DRINKS

Tea / Coffee serves approx 10 £15.00  
add a bit of cake £1.40 pp  
add a wee biscuit £0.50 pp

## SOFT DRINKS

Irn Bru (330 ml can) £1.00  
Diet Irn Bru (330 ml can) £1.00  
Coke (330 ml can) £1.20  
Diet Coke (330 ml can) £1.00  
  
Apple Juice (500 ml btl) £1.20  
Apple Juice (1 litre) £2.50  
Cranberry Juice (1 litre) £2.50  
Orange Juice (500 ml btl) £1.20  
Orange Juice (1 litre) £2.50  
Carrot & Orange (500 ml btl) £1.20  
  
Still / Sparkling Water (½ltr) £1.00  
Still / Sparkling Water (1 litre) £2.50

**GLUTEN FREE OR VEGAN  
CAKE & BISCUIT OPTIONS  
AVAILABLE BY REQUEST**

ORDER NOW, TEL: 0141 552 2611

EMAIL: [BOOKINGS@UNITY-ENTERPRISE.COM](mailto:BOOKINGS@UNITY-ENTERPRISE.COM) - WEB: [WWW.UNITY-ENTERPRISE.COM](http://WWW.UNITY-ENTERPRISE.COM)

# Spoon

GLASGOW'S TASTIEST  
SOCIAL ENTERPRISE

**ORDER NOW**

**TEL: 0141 552 2611**

**EMAIL: [BOOKINGS@UNITY-ENTERPRISE.COM](mailto:BOOKINGS@UNITY-ENTERPRISE.COM)**

**WEB: [WWW.UNITY-ENTERPRISE.COM](http://WWW.UNITY-ENTERPRISE.COM)**



Unity believes in fair and inclusive communities where everyone is valued and has opportunities to fulfil their potential.