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| **Recreational Support** | **Unity Empower**  **Glasgow, Kirkintilloch, Dalmuir** |

**Unity Volunteer Roles**

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| Empower provides support and development service to adults (16+) who are living with a learning disability or have additional support needs.  Get involved supporting people to experience and learn a variety of independent living skills; centered on growth for work, education or recreation.  All activities are designed to create a sense of belonging, and people are encouraged to take part in the learning but most importantly we want people to have fun and enjoy their time with us. |

**Duties and RESPONSIBILITES**

The group often enjoys day trips away and one off events like the theatre. At this time it is good to have extra people about to provide reassurance and support. The commitment to this would be sporadic and you would be given notice, commitments may be for full days away or for evening and weekends.

**Other Skills you’ll learn**

* Teamwork: you’ll work as part of a team be invited to training and development days
* Confidence: and gain confidence in group work and supporting adults who have a learning disability.
* Qualifications: you will have the opportunity to undertake an SVQ II: Working with Adults with a Learning Disability (on-line course)
* Happiness: You will be respected, included and go away with the warm fuzzy feeling from a day at Empower

**What to expect from Unity**

* Support and advice from a named worker during every session
* Volunteer support meetings
* Impressive skills to add to your CV and a reference if/when you need it.
* Travel expenses will be reimbursed, with proof of travel.

**What’s expected of me**

* Follow all Unity policies and procedures
* Complete a PVG check and attend safeguarding training where require